

## **Building Relational Effectiveness Using the MBTI**

Everyone brings a unique personality and set of talents to the job. In fact, we bring them everywhere we go in hope that others will appreciate who we are and what we can do. The challenge of teamwork is to appreciate what others bring and to blend those talents harmoniously rather than discordantly.

This MBTI Workshop identifies and explores the style differences people experience every day in their teams. In the morning session, we will answer questions such as: How can some people thrive in last minute, high-pressure situations while others become stressed and overwhelmed? How do you handle people who never seem to speak up during meetings but have a lot of good ideas? Why does that capable person on your team turn in reports with obvious typos and missing pieces?

In the afternoon session, we will help you use your knowledge of the MBTI to clarify your personal strengths and show you how to use those strengths when working on a team with diverse personality preferences.

### **Objectives**

Using the knowledge of natural personality differences, participants will learn:

- How similarities and differences in MBTI Personality Type affect teamwork.
- To appreciate the value their colleagues bring to the team.
- How to deploy their natural personality as a strength.
- To know their personal MBTI type and understand its implications for how they tend to:
  - make decisions,
  - communicate with others,
  - attend to and interpret information, and
  - execute work.
- To anticipate situations in which they are likely to thrive because of their personality and adjust as needed.
- To anticipate situations in which they are likely to struggle of because their personality and adjust as needed.

